

Asthma Emergency Guide

an assessment tool for teachers, aides and coaches
"Rule of Nine"

DANGER SIGNS: Call 911 if you see any **ONE** of the following:

- Trouble walking or talking
- Child is struggling to breathe
- Lips or tips of fingers are gray or blue
- Peak flow less than 50% of predicted or personal best
- Child is breathing hunched over

After calling 911, call the office and tell them to contact a parent.

ASTHMA SIGNS: score the severity of these signs before you treat:

Cough

- None 0
- Less than 1 per minute 1
- 1 - 4 per minute 3
- More than 4 per minute 5

Sucking in the chest skin

between, above and below the ribs

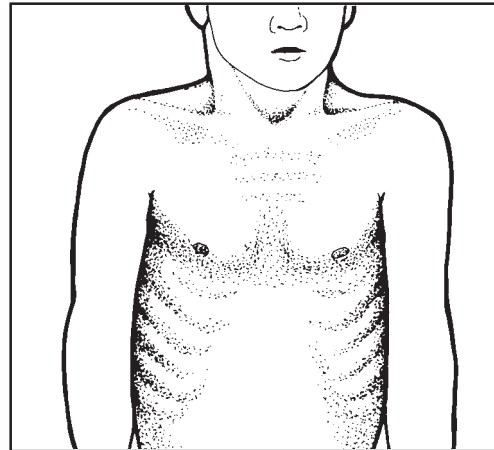
- None 0
- Can barely see 1
- Easy to see 5
- Severe 9

Wheeze with naked ear

- None 0
- End of exhale 1
- Throughout exhale 3
- Inhale and exhale 5

Peak Flow

- Between 50 and 65% of personal best 9



Sucking in the chest skin - easy to see

TOTAL SCORE: _____

If total score is NINE OR MORE, this is an URGENT problem:

- Give care using the child's or school's asthma plan.
- Contact a parent. Tell them to take the child to a doctor within two hours.

If total score is five or more, this is a moderate problem:

- Give care using the child's or school's asthma plan.
- Contact a parent. Tell them to take the child to a doctor today.