

# Plain Old Asthma

Are you glad  
You have RAD and not something bad?

When your child runs out to play  
do you think of EIA?

Would you rather have ROAD  
than asthma as the mode?

Did your doctor finally discover  
that you have asthma under cover?  
(Cold Induced Asthma)

When you avoid the name of A  
do your problems go away?

If the doctor says wheezy bronchitis  
will the symptoms then delight us?

The word bronchitis may ease your mind  
but one night you'll be in a bind.

You will wake up from your sleep  
with a wheeze and a cough that is deep.

If you don't know about asthma  
And lack medicine to treat it

All those nice-sounding words  
Will leave you defeated.

Now here's a rhyme to save the day  
Face the facts: you have POA  
(Plain Old Asthma).

Plain old asthma can be controlled.  
You can do it once you've been told.

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